



PROGRAMA ACTIVIDADES "LES MILLS VIRTUAL"

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:00	BODYBALANCE	SH'BAM	BODYBALANCE	SH'BAM	BODYBALANCE		
8:00	SH'BAM	BODYCOMBAT	SH'BAM	BODYCOMBAT	SH'BAM		
9:00	BODYCOMBAT	BODYBALANCE	BODYCOMBAT	BODYBALANCE	BODYCOMBAT	BODYBALANCE	BODYCOMBAT
10:00	BODYBALANCE	BODYCOMBAT	BODYBALANCE	BODYCOMBAT	BODYBALANCE	BODYCOMBAT	SH'BAM
11:00	SH'BAM	BODYBALANCE	BODYCOMBAT	SH'BAM	BODYCOMBAT	SH'BAM	BODYCOMBAT
12:00	BODYBALANCE	SH'BAM	BODYBALANCE	BODYCOMBAT	SH'BAM	BODYCOMBAT	BODYBALANCE
13:00	BODYCOMBAT	BODYBALANCE	SH'BAM	BODYBALANCE	BODYCOMBAT	BODYBALANCE	SH'BAM
14:00	BODYBALANCE	SH'BAM	BODYBALANCE	BODYCOMBAT	SH'BAM		
15:00	BODYCOMBAT	BODYBALANCE	BODYCOMBAT	BODYBALANCE	BODYCOMBAT		
16:00	BODYBALANCE	SH'BAM	BODYBALANCE	SH'BAM	BODYBALANCE		
17:00	SH'BAM		SH'BAM		SH'BAM		
18:00	BODYCOMBAT		BODYCOMBAT		BODYCOMBAT		
19:00	SH'BAM	BODYBALANCE	SH'BAM	BODYBALANCE	SH'BAM		
20:00	BODYBALANCE	BODYCOMBAT	BODYBALANCE	BODYCOMBAT	BODYBALANCE		
21:00	BODYCOMBAT	BODYBALANCE	BODYCOMBAT	BODYBALANCE	BODYCOMBAT		