



HORARIO SALA FITNESS Y ZONA CARDIO

| | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | | SÁBADO | DOMINGO |
|--------------|------------------|------------------|------------------|------------------|------------------|--------------|------------------|------------------|
| 6:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | 8:30 | FITNESS y CARDIO | FITNESS y CARDIO |
| 7:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | 9:30 | FITNESS y CARDIO | FITNESS y CARDIO |
| 8:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | 10:30 | FITNESS y CARDIO | FITNESS y CARDIO |
| 9:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | 11:30 | FITNESS y CARDIO | FITNESS y CARDIO |
| 10:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | 12:30 | FITNESS y CARDIO | FITNESS y CARDIO |
| 11:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | 13:30 | FITNESS y CARDIO | FITNESS y CARDIO |
| 12:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | | | |
| 13:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | | | |
| 14:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | | | |
| 15:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | | | |
| 16:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | | | |
| 17:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | | | |
| 18:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | | | |
| 19:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | | | |
| 20:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | | | |
| 21:30 | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | FITNESS y CARDIO | | | |